

## Patient Information

Name: \_\_\_\_\_ DOB: \_\_\_\_\_ Age: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Work: \_\_\_\_\_

SSN: \_\_\_\_\_ Email Address: \_\_\_\_\_

Occupation/Sport: \_\_\_\_\_

Spouse/Guardian: \_\_\_\_\_ Relation to Patient: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ Zip: \_\_\_\_\_

Home Phone Number: \_\_\_\_\_ Cell: \_\_\_\_\_

Emergency Contact: \_\_\_\_\_

Name

Phone

Primary Physician: \_\_\_\_\_

Name

Phone #

Diagnosis/Body Part: \_\_\_\_\_

How did you hear about us?

\_\_\_\_\_  
\_\_\_\_\_

Patient/Guardian Signature: \_\_\_\_\_

Printed Name: \_\_\_\_\_ Date: \_\_\_\_\_

### **Consent to Treat**

\_\_\_\_\_ (Initial) I consent to have Dr. Carr Integrative Physical Therapy to provide physical therapy services in the Akasha Center or in my home/office according to the diagnosis by my physician. It is my responsibility to provide these prescriptions as needed throughout the plan of care to continue treatment. I understand that this consent may be changed, adjusted or revoked by me at any time.

### **Cancellation/No Show Policy**

\_\_\_\_\_ (Initial) I agree that if I choose to cancel an appointment, I will do so **24** hours prior to my scheduled appointment. If I fail to agree, I will be responsible for paying the **\$50** cancellation fee. If less than **24** hours notice is given OR you are not present at the time of your scheduled appointment due to an emergency, the **\$50** charge can be waived at the discretion of your physical therapist.

### **Payment Policy**

\_\_\_\_\_ (Initial) Dr. Carr Integrative Physical Therapy is a non-contracted provider for physical therapy services, therefore are considered out of network. It is my responsibility to pay the entire balance of my treatment at the time of treatment. I also understand if I purchase a package of sessions, it is to be paid in full on the first session.

I understand that Dr. Carr Integrative Physical Therapy cannot guarantee that services provided will be paid for by my insurance company. We advise that you contact your individual health insurance provider and ask if they cover physical therapy. If you do have physical therapy coverage, ask what percentage will be reimbursed for an "out-of-network" physical therapy treatment. Some insurance plans cover as much as 80% of fees so we really encourage patients to get in touch with their provider.

I understand I will be provided with a super bill and receipt after each treatment session that I can submit to my insurance company for potential reimbursement.

### **Privacy Policy**

\_\_\_\_\_ (Initial) I have received/reviewed a copy of the privacy policy for Erin Carr Physical Therapy.

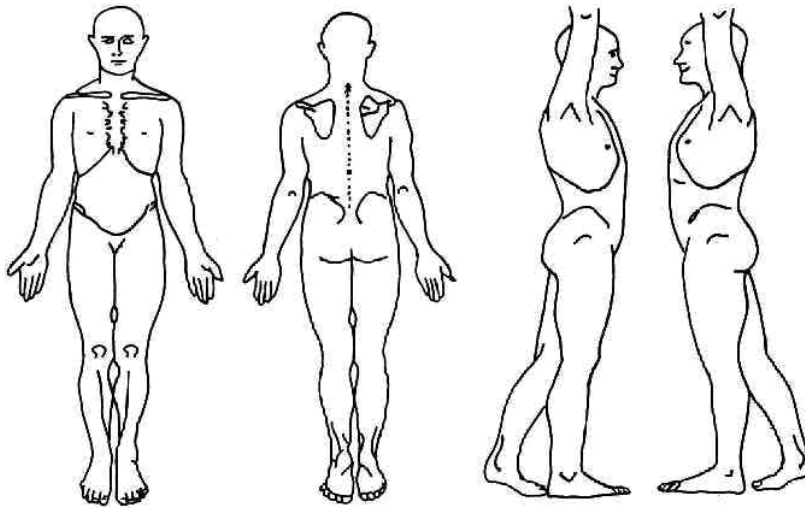
**Patient/Guardian Signature:** \_\_\_\_\_

**Printed Name:** \_\_\_\_\_ **Date:** \_\_\_\_\_

## Health Questionnaire

This health questionnaire will help in the whole body evaluation process. An understanding of your medical history will aid in a thorough understanding of your health and its relation to your musculoskeletal system.

Please mark with an (X) on the body chart where you experience your current symptoms. Please indicate on a scale of 0-10, 0 being no pain and 10 being the worst pain your symptoms are currently.



Please circle which of the following symptoms describe your current condition.

- |           |         |          |          |           |                 |
|-----------|---------|----------|----------|-----------|-----------------|
| Ache      | Sharp   | Dull     | Numb     | Burning   | Tingling        |
| Catching  | Popping | Clicking | Shooting | Stiffness | Loss of balance |
| Throbbing | Weak    | Swollen  | Heavy    | Constant  | Intermittent    |

Do you have difficulty with the following activities due to your current condition:

- |                         |           |          |
|-------------------------|-----------|----------|
| 1. Sitting              | _____ Yes | _____ No |
| 2. Standing             | _____ Yes | _____ No |
| 3. Walking              | _____ Yes | _____ No |
| 4. Sleeping             | _____ Yes | _____ No |
| 5. Lifting (_____ lbs.) | _____ Yes | _____ No |
| 6. Carrying             | _____ Yes | _____ No |
| 7. Reaching             | _____ Yes | _____ No |
| 8. Pushing/Pulling      | _____ Yes | _____ No |
| 9. Dressing             | _____ Yes | _____ No |

Do you currently experience any of the following symptoms/conditions?

- |  |       |     |       |    |
|--|-------|-----|-------|----|
| 1. Fever/Chills                          | _____ | Yes | _____ | No |
| 2. Fatigue                               | _____ | Yes | _____ | No |
| 3. Nausea/Vomiting                       | _____ | Yes | _____ | No |
| 4. Headaches                             | _____ | Yes | _____ | No |
| 5. Dizziness/lightheadedness             | _____ | Yes | _____ | No |
| 6. Fainting/Loss of consciousness        | _____ | Yes | _____ | No |
| 7. Double vision                         | _____ | Yes | _____ | No |
| 8. Ringing in the ears                   | _____ | Yes | _____ | No |
| 9. Difficulty swallowing                 | _____ | Yes | _____ | No |
| 10. High blood pressure                  | _____ | Yes | _____ | No |
| 11. Low blood pressure                   | _____ | Yes | _____ | No |
| 12. Chest pain                           | _____ | Yes | _____ | No |
| 13. Shortness of breath                  | _____ | Yes | _____ | No |
| 14. Asthma/Wheezing                      | _____ | Yes | _____ | No |
| 15. Diabetes                             | _____ | Yes | _____ | No |
| 16. Abdominal Cramping                   | _____ | Yes | _____ | No |
| 17. Ulcers                               | _____ | Yes | _____ | No |
| 18. Heartburn                            | _____ | Yes | _____ | No |
| 19. Bloating                             | _____ | Yes | _____ | No |
| 20. Constipation                         | _____ | Yes | _____ | No |
| 21. Diarrhea                             | _____ | Yes | _____ | No |
| 22. Indigestion/GERD                     | _____ | Yes | _____ | No |
| 23. Loss of Appetite                     | _____ | Yes | _____ | No |
| 24. Feeling of fullness                  | _____ | Yes | _____ | No |
| 25. Difficulty eating fatty/greasy foods | _____ | Yes | _____ | No |
| 26. Pain with urinating/bowel movement   | _____ | Yes | _____ | No |
| 27. Urinary frequency                    | _____ | Yes | _____ | No |
| 28. Urinary Tract Infections             | _____ | Yes | _____ | No |
| 29. Sinus congestion                     | _____ | Yes | _____ | No |
| 30. Coughing/Sneezing                    | _____ | Yes | _____ | No |
| 31. PMS                                  | _____ | Yes | _____ | No |
| 32. Cramps during menstruation           | _____ | Yes | _____ | No |
| 33. Skin rash/eczema/skin conditions     | _____ | Yes | _____ | No |
| 34. Stroke                               | _____ | Yes | _____ | No |
| 35. Sleep disturbed by pain              | _____ | Yes | _____ | No |

Are you under the care/supervision of an MD or DO for any current/related condition(s)?

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Have you had any previous treatment for the current condition you are seeking treatment for?

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Is this a work related injury? \_\_\_\_\_

Please describe your current level of function.

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Please list current medications.

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Do you have a history of falling, tripping, stumbling?

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Do you have any environmental, food, or medication allergies?

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Do you smoke? \_\_\_\_\_

Please list any additional pertinent information that may be related to your current condition.

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**Patient Insurance Worksheet**

Erin Carr Physical Therapy does **not** participate in any insurance networks. We will, however, offer guidance on how to manage your out-of-network benefits. We suggest that prior to your first visit you contact your insurance company to confirm your cover- age benefits. This form serves as a check-list to help you get all the necessary information in order to maximize your reimbursement.

Patient Name: \_\_\_\_\_

Primary Insurance Company: \_\_\_\_\_

Insurance ID#: \_\_\_\_\_ Group #: \_\_\_\_\_ Plan Type: \_\_\_\_\_

Insurance Tel#: \_\_\_\_\_ Insurance Effective Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Name of Person you are speaking with: \_\_\_\_\_

Time of Day: \_\_\_\_\_ Tracking ID for call: \_\_\_\_\_

How much is my out-of-network deductible? \$ \_\_\_\_\_

Is there Individual vs. Family deductible? Yes/No \$ \_\_\_\_\_

How much of my deductible has been met? \$ \_\_\_\_\_

What is my co-insurance percentage? 10% 20% 30% 40% other \$ \_\_\_\_\_

Does my policy require pre-certification (i.e.OrthoNet) for Physical Therapy services? Yes/No

If yes, Pre-Cert Phone#: \_\_\_\_\_ Pre-Cert Authorization #: \_\_\_\_\_

Number of Sessions allowed with this Pre-Cert: \_\_\_\_\_ Expiration Date: \_\_\_\_\_

How many out-of network physical therapy visits do I have? \_\_\_\_\_

Per year \_\_\_\_\_ Per year/per lifetime \_\_\_\_\_ Per Condition/per year \_\_\_\_\_

Is there a maximum amount/cap my plan pays for out-of-network physical therapy? Yes/No \$ \_\_\_\_\_

Number of PT visits already used this year: \_\_\_\_\_

Secondary Insurance: \_\_\_\_\_ Secondary Insurance ID#: \_\_\_\_\_

Secondary Insurance Tel#: \_\_\_\_\_ Effective Date: \_\_\_\_ / \_\_\_\_ / \_\_\_\_

Deductible \$ \_\_\_\_\_ Co-Insurance Payment % \_\_\_\_\_

I understand that I am responsible to obtain accurate information about my insurance policy in order to maximize my benefits. I also understand that I will pay for services at the time they are rendered and it will be my responsibility to seek reimbursement. Erin Carr Physical Therapy will provide documentation, such as evaluations and progress notes to assist you in this process.

If you need help or have any questions, please don't hesitate to call us at 323-304-1602.

## Privacy Policy

Dr. Carr Integrative Physical Therapy is required by law to maintain the privacy of your protected health information. The information consists of all records related to your health, including demographic information, either created by Dr. Carr Integrative Physical Therapy or received by Erin Carr Physical therapy from you or other health care providers.

We are required to provide you with notice of our legal duties and privacy practices with respect to your protected health information. These legal duties and privacy practices are described in this policy. Dr. Carr Integrative Physical Therapy will abide by the terms of this policy or the policy currently used in effect at the time of use or disclosure of your health information.

Your personal information will be used to contact you for arranging appointments, properly bill you, and for evaluation and treatment purposes.

We may disclose your information without prior authorization for public health purposes, which is required by law, auditing and/or research studies.

If you provide us authorization and written permission to release your records, you may revoke this authorization at any time to cease further disclosure.

Dr. Carr Integrative Physical Therapy has the right to change the terms of this policy making any new provisions effective for all protected health information that we maintain. Patients may obtain the current or revised copy at any time.

### Your Rights:

- You have to right to place restrictions on the use and/or disclosure of your health information
- You have the right to inspect and/or copy your health information
- You have to right to amend or submit corrections to your health information
- If you feel your privacy rights have been violated or you disagree with any decisions we have made regarding access or disclosure of your personal health information please contact the U.S. Department of Health and Human Services.

If you request a copy of your medical records, this must be submitted in writing. There will be a \$10 clerical fee.